



URGENT PRAYER

- Matthews Family, death of beloved mother
- Daisy Hunt, surgery recovery
- Pascal Habineza, recovery
- Drexall Larry, health
- Cindy Cobbs, recovery

Summer can be an expensive time for families, but with a little planning a fun time can be had by all. Here is a list of free or low-cost summer activities for families with children, check out individual websites for additional information:

PORTLAND PARKS AND RECREATION has many day camps for children all around the city. Scholarships are available based on financial need. Portland Parks and Rec also has many free activities during the summer, including movies and concerts in the park, a free swim lesson week, summer park activities, neighborhood barbecues, etc.

PORTLAND'S SUMMER PLAYGROUND PROGRAM weekdays throughout the summer at your neighborhood Portland park. A 100+ year tradition of free summer fun for Portland kids including a mobile climbing wall, crafts, organized sports, camp songs and so much more – it's like going to summer camp, but at your neighborhood park!

PIONEER SQUARE hosts Flicks on the Bricks, a series of free movies each Friday in July, and Noon Tunes summer concerts on Tuesdays and Thursdays. They also often have other free events, like ice cream tastings and other promotional events.

PORTLAND PUBLIC POOLS open swim available throughout the summer at 13 different Portland public pool locations. Public pools open their waters to free open swim times so you can visit and do some splashing for free with the entire family. Half are indoor and half are outdoor.

LEARN TO SWIM WEEK June 18-22 at neighborhood pools around Portland offering a week of free lessons to neighborhood kids! Registration is on Saturday, June 16, just before lessons begin and registration must be done in person, not online. Limited space is available.

PORTLAND ROSE FESTIVAL May 20-June 17 at locations all over Portland. Everyone in Portland loves the Rose Festival each summer and families especially love it because most of the activities are free. Check out the website for a full schedule of the parades, clown appearances, dragon boat races and fireworks.

PORTLAND CHILDREN'S MUSEUM is free on the first Friday of each month from 4:00 – 8:00 pm. Located at 4015 SW Canyon Road, it's the perfect spot to escape the hot Portland afternoon sun this summer.

OREGON PARKS LET'S GO CAMPING PROGRAM for novice campers and folks who have not been camping for a long time. Each weekend during the Summer, we take a group camping in one of our state parks. The cost is only \$20 PER FAMILY for the weekend. We provide tents, sleeping bags, sleeping bag liners, mattress pads and camp stoves to campers who do not have their own. We camp in a group in a different state park each weekend. Every other weekend, we are camping in a park on the Oregon Coast. Staff and volunteers camp with these campers and are available to help them. Park rangers lead the group in educational and recreational activities at each park. Campers bring their own food but we provide dutch oven biscuits, fruit upside-down cakes, dutch oven cinnamon rolls and plenty of s'mores for everyone to enjoy around the campfire.



LET'S CHAT!

with Pastor D

SHARON SEVENTH-DAY ADVENTIST CHURCH

June 1, 2019



Across the nation, there is a rising decline in people who see a need for churches. However, there are many positives in being with a faith community. I will continue this week by sharing a few more:

1. **The fellowship or Gatherings**
2. **Genuine friendships**
3. **Clean Fun**
4. **Counseling and support groups** - Have you ever considered that individuals pay lots of money to have therapists and psychologists listen to them? A church offers countless support groups and devoted clergy who are most times trained in psychotherapy. The good thing is that it comes cost free.
5. **Children programs** - Every wondered how to get children to be more outgoing, or in a great summer program when everywhere else is expensive? You may want to consider the church. The cost for a child care would be less than local companies, because churches view care for children as a ministry. At Sharon we have a Vacation Bible School (VBS) coming soon and remember to enroll your children or grand babies..
6. **Community involvement** -- Most churches have a good pulse on the needs of the community. It's leaders can often share effective ways to get involved. Ask how you can be involved at Sharon to make a change in our community..

MARK YOUR CALENDAR

JUNE

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| <ul style="list-style-type: none"> 2 Women's Tea TBD 3 Bible Study 12p 4 Pray for Our Children 7p 5 Mid-week Prayer Meeting 7p 6 PAES Spring Concert 7p 7 Communion Prep 7p 7 First Friday—Adventist Med Cntr 7:15p 8 Sabbath School 9:45a 8 Divine Worship—Communion 10:45a 8 Bible Study 2:15p 8 Reflecting Inner Beauty RIB 3p 9 Elders Meeting 10:30a 9 PAA Graduation 2p 10 Bible Study 12p | <ul style="list-style-type: none"> 12 Mid-week Prayer Meeting 7p 13 PAES Last Day of School 12:30p 13 PAES 8th Grade Graduation 7p 15 Sabbath School 9:45a 15 Divine Worship—Father's Day 10:45a 15 Fellowship Lunch 1:30p 15 Reflecting Inner Beauty RIB 3p 16 Church Board Meeting 10:30a 16 FATHER'S DAY HOLIDAY 16 WWU Graduation 17 Bible Study 12p 19 Mid-week Prayer Meeting 7p 21 First Day of Summer |
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Items that appear in red are at partner locations, additional information on Sharon church bulletin board.